

**1. The Psalms as part of Israel’s worship**

- a) What is the meaning of the Hebrew title for the Book of Psalms – tehilim? (praises)
- b) 1 Chronicles 16:7, 8-9, 36 – a psalm was sung when the Ark was brought to Jerusalem
- c) Psalm 30 heading and v.1 – a psalm was sung at the dedication of the house of David
- d) Psalm 92 heading and v.1 – a psalm for the Sabbath
- e) Psalm 105:1-2 – an appeal to worship the LORD through singing psalms.
- f) Nehemiah 12:8 – a psalm in the time of Zerubbabel
- g) What admonition do you find in the New Testament about continuing to worship the LORD by singing psalms? Colossians 3:16, Ephesians 5:19, James 5:13

**2. Who were the inspired psalmists?**

- a) Many people compose songs. How are the psalms included in the Book of Psalms unique? 2 Timothy 3:16-17, 2 Peter 1:19-21, 2 Samuel 23:1-2
- b) Which psalmists were inspired to write psalms that were included in the Hebrew Scriptures?
  - i) David
  - ii) Asaph – Psalm 50, 73-83
  - iii) Sons of Korah – Psalm 42,44-49,84-85,87-88
  - iv) Heman the Ezrahite – Psalm 88 (co-author)
  - v) Solomon – Psalm 72,127

vi) Moses – 90

vii) Ethan the Ezrahite – Psalm 89

- c) Which inspired psalm included in the Hebrew Scriptures is your favorite and why?

**3. Some unique features of the Psalms**

- a) Organized in 5 books: 1-41, 42-72, 73-89, 90-106, 107-150. Why? Who organized the psalms?
- b) Parallelism (i.e. Psalm 34:1, 103:1)
- c) Imagery (i.e. God is our Refuge, under His wings)
- d) Repetition of theme (i.e. Psalm 136:1-9)
- e) Merism (i.e. Psalm 88:1, 42:3, two contrasting parts)
- f) Use of Selah (Psalm 61:4, 62:8, 66:4, etc.) What was the purpose of inserting the word Selah?

**4. An inspired song for every season of life**

- a) Psalm 33:1-3 (time of rejoicing)
- b) Psalm 3:1-4 (time of trouble)
- c) Psalm 109:1-3 (need for justice)
- d) Psalm 136:1,10-16 (telling a story of deliverance)
- e) Psalm 5:1-3, 61:1-8 (inspired prayers) See also Romans 8:26-27.
- f) Share a time in your life when the Holy Spirit brought the inspired words of a psalm to your remembrance.

